# 10D/09N THE ANDEAN LEGACY

Destinations: Lima & Cusco

Photo: Willian Justen de Vasconcellos



# INTRODUCTION

Embark on an incredible 10-day expedition through the captivating wonders of Peru. Brace yourself for a journey that immerses you in vibrant culture, ancient history, and breathtaking landscapes. From Lima's bustling streets to the mystical ruins of Machu Picchu, each day is filled with thrilling adventures and lifelong memories.

Begin in Lima, where ancient history blends with modern life, and explore the impressive Huaca Pucllana archaeological site. Fly to Cusco and dive into the rich culture of the Sacred Valley. Marvel at Ollantaytambo's Inca fortress, learn traditional textile techniques in Chinchero, and take a breathtaking train ride to Machu Picchu. Uncover the mysteries of this ancient citadel and capture unforgettable moments. Delve into Peru's heritage at the Inkariy Museum, master jewelry-making in Pisac, and engage in meaningful service learning in the mountain communities of Lamay. Experience a hike with llamas through stunning Andean landscapes, ihcluding traditional highland's meal. In Cusco, indulge in a private cooking class to master Peruvian cuisine and unlock the secrets of chocolate-making in a delightful workshop.

As your incredible journey nears its end, bid farewell to Peru with a final exploration of Lima and a memorable dinner surrounded by ancient artifacts. Return home with cherished memories, newfound knowledge, and a deep appreciation for Peru's beauty and diversity. Get ready for the adventure of a lifetime!

Destination:	Travel dates:
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# LIMA - ARRIVAL

Upon arrival in **Lima**, you will be transferred to the hotel with guided assistance included. Lima, the capital of Peru, is a bustling metropolis and one of South America's largest cities. Explore its colonial center, visit museums like the Museo Larco, and indulge in the city's renowned gastronomy.

Overnight at hotel in Lima.



## LIMA HUACA PUCLLANA VISIT

### + LIMA DOWNTOWN & CASA DE ALIAGA

After breakfast, visit **Huaca Pucllana**, an archaeological site in Miraflores district. Explore the pyramid of seven levels and witness the contrast of ancient ruins with modern buildings. Then, discover the **Historic Center of Lima**, known as the "Ciudad de los Reyes." Visit **Plaza Mayor** and the catacombs of the colonial time at **San Francisco Convent**. Explore **Casa de Aliaga**, offering insights into colonial nobility's lifestyle in Lima. Afterwards, return to the hotel.

Tonight, dinner is included at a local roasted chicken restaurant (walking distance; transport is not included).







## LIMA - MORNING LARCO MUSEUM VISIT

### FLIGHT TO CUSCO - SACRED VALLEY

Visit the **Larco Museum** in Pueblo Libre, housing a remarkable collection of pre-Columbian art. Enjoy lunch at a local restaurant before boarding an afternoon flight to Cusco. Upon arrival, transfer to the hotel in the **Sacred Valley of the Incas**.

Tonight, dinner is included at the hotel.





## MORNING VISIT TO OLLANTAYTAMBO

### PACHAMANCA LUNCH AND AFTERNOON TEXTILE WORKSHOP

Journey to **Ollantaytambo**, an **Inca fortress** and a well-preserved example of Inca town planning. Enjoy a **Pachamanca lunch**, a traditional cooking technique using hot stones and witness the uncovering of the food (removal of layers of earth, fabric, and rocks to reveal the meats, potatoes, and beans).

In the afternoon, visit **Chinchero** (45 min. drive approx.) for a **textile workshop** where you'll learn backstrap loom weaving.





## SACRED VALLEY MACHU PICCHU VISIT

Today, get ready for an unforgettable journey to the **majestic ruins of** Machu Picchu!

Take a comfortable **train from Ollantaytambo** to Aguas Calientes town.

Upon arrival, head to the bus station and take a bus up to Machu Picchu.

Experience the awe-inspiring beauty of the ancient ruins, including the Main Square, Circular Tower, Sacred Solar Clock, Temple of the Three Windows, and Cemeteries.

After exploring Machu Picchu, take the bus down to Aguas Calientes.

In the evening, indulge in a fun pizza night to recharge for the next day's adventures.







## TRAIN TO OLLANTAYTAMBO

#### VISIT INKARIY MUSEUM JEWELRY WORKSHOP IN PISAC - LAMAY

Travel by **train back to Ollantaytambo** and visit the **Inkariy Museum** in Calca.

Then, head to **Pisac** for lunch and a **jewelry workshop** where you'll learn about the Inca Cross.

Tonight, private transport to **Lamay** town to enjoy a special dinner at La Base Lamay, contributing to the conservation and sustainable development of the village.





# PISAC - LAMAY

### SERVICE LEARNING

Immerse yourself in the life and traditions of a mountain **community** in Lamay.

Experience traditional **farming practices**, help with **agricultural tasks**, and enjoy a delicious lunch prepared with locally sourced ingredients. Engage with local children through educational activities, promoting **cross-cultural exchange**. Immerse yourself in the Andean way of life and gain a deeper understanding of the challenges and resilience of these communities.

After this interactive day, return to the hotel in Pisac, where you will have dinner.





# FULL DAY HIKE

### WITH LLAMAS - CUSCO

Embark on a **day hike with llamas in Urubamba**, learning about their role as pack animals and the importance of conserving mountain ecosystems.

Savor a traditional **Andean "Huatia" lunch**, cooked using an ancient method. During the cooking process, enjoy conversations with your hosts, facilitated by the interpreter. After lunch, begin your return journey, accompanied by the breeders, llamas, and interpreter. Arrive back at the Base Camp, bid farewell to your hosts, and hop on transportation to your hotel in Cusco.

Dinner is included at your hotel after this full day of adventure.

Note: This experience is only available from Monday to Friday and does not operate from December 15th to March 15th due to the rainy season.







# SACSAYHUAMAN VISIT

#### **HIKE TO TEMPLE OF THE MOON COOKING CLASS | CHOCOLATE WORKSHOP**

Begin your day with a visit to the remarkable Sacsayhuaman fortress, one of Cusco's most significant archaeological sites. Marvel at the intricate design, which resembles the head of a sacred puma in Inca spirituality. This awe-inspiring fortress played a vital role in the city's historical and cultural heritage.

After the guided tour, embark on a short hike to the enchanting Temple of the Moon. Nestled within a large hill, this site features two caves adorned with altars and cracks that allow sunlight and moonlight to illuminate the sacred space on certain nights. Immerse yourself in the mystical ambiance of this ancient sanctuary.

In the afternoon, indulge in a **private cooking class** where you'll learn to prepare two iconic Peruvian dishes: Ceviche and Lomo Saltado. Under the expert guidance of a skilled chef, discover the secrets behind these culinary delights. Afterward, savor the fruits of your labor as you enjoy the flavors and aromas of your freshly cooked creations.



Conclude the day with a delightful **Chocolate Workshop**, where you'll unravel the fascinating process of transforming cacao beans into delectable chocolate bars. Learn about the origins of chocolate, its cultural significance, and the art of crafting this irresistible treat. Get hands-on as you create your very own personalized chocolate bar to share with your loved ones back home.





## CUSCO LIMA - FAREWELL

After breakfast, transfer to the airport for your departure from Cusco. Bid farewell to Cusco as you board your return flight to Lima.

With some **free time in Lima**, explore the vibrant city one last time. Indulge in the culinary delights of a **farewell dinner** at a restaurant within the Larco Museum. Share memories and stories from your incredible journey through Peru.

Finally, transfer to the airport for your international flight home, cherishing the unforgettable experiences and friendships made along the way.

Includes breakfast and dinner.

End of services.

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### **RECOMMENDED** HOTELS

#### Lima

Standard: El Tambo I Room: Standard

#### Urubamba

Standard: San Agustín Recoleta l Room: Standard

#### Aguas Calientes

Standard: Retama | Room: Standard

#### Pisac

Standard: Pisac Inn | Room: Standard

#### Cusco

Standard: Casa de Fray Bartolomé l Room: Standard